



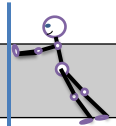
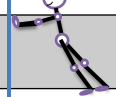




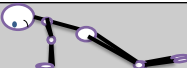
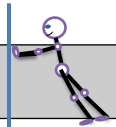
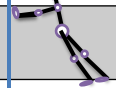


Two by Two Push-Up Variety

You and		Complete Push-Up 
You and		Complete Elbow Stabilization 
You and		Complete Pike Push-up 
You and		Jog and High-Five 3 students
You and		Complete Bent Knee Push-Up 
You and		Complete Tricep Stretch 
You and		Complete Wall Push-up 
You and		Jog around the outside of the cones 

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